



Ms. Shalini Menon
Assistant Professor
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Ms. Shalini Menon is presently working as an Asst. Prof. in the Dept. of Physical Education & Sports in this University. She is specialized in Badminton & Exercise Physiology. She acquired collegiate level education (BPE & MPE) from L.N.C.P.E, TVPM, Kerala.

Ms. Shalini Menon qualified JRF in the year 2010. She was the Sundaramuthil Gold Medallist for securing first rank in BPE in the year 2008. She was awarded the Academic Merit Scholarship during 2006-07, 2008-09 for appreciable Academic achievement at LNCPE. She was also honoured scholarship under PM's Scholarship Scheme 2009-10. Shalini Menon was awarded Teaching Assistantship in Badminton & Allied Activities for the year 2008-09 & 2009-10. She represented University of Kerala thrice in South Zone Badminton Inter-Varsity and was the captain in the year 2008-09. She also participated All India Inter University Tennis Championship in the year 2007.

Ms. Shalini has presented papers in several National Seminars, Workshops & one International Research Publication. She attended the workshop conducted by TAFISA (The Association for International Sports For All) Certified Leadership Courses in Sport for All with the support of IOC, the leading Global Sports for all movement in the year 2011 at H.V.P.M, Amravati, Maharashtra.

Ms. Shalini is the member of the body All India Council of Physical Education & Sports Psychology Association of India in the year 2013.

She has attended Adventure Awareness Programme (Rock Climbing, Microlite flying), conducted by National Adventure Programme at TVPM, Kerala, sponsored by the Ministry of Youth Affairs & Sports, Govt. of India, April 2006. Ms. Shalini has areas of special interest in Aerobics, Yoga, Literary activities & Adventure Sports.